

A QUICK TEST FOR COMPASSION

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I hope I have built up enough goodwill with my Facebook friends that you can give me a listen on this topic and not just flip the page. I actually have spent some forty years working out a way to test whether a person is naturally compassionate or whether they need to learn how to be compassionate, not that we all don't need to learn more. Some folks are by nature more easily given over to compassion, and others of us would do well to learn more about what it is.

And yes, this is astrological, but what else would you expect from an astrologer? I have also been practicing Tibetan Buddhism for over 35 years, during which time I have been trying to learn something about just what 'compassion' actually is and I am going to share it with you here. You can check it out for yourself. Before I explain the test, let's go over what compassion is or at least how it might appear in those who are naturally compassionate.

Having an innate propensity toward compassion and developing that propensity are two different things. Since we are not enlightened (at least I am not), we may not even recognize our own sense of compassion in day-to-day life. Most often a propensity for compassion may appear as an over interest in other people as opposed to yourself. I am talking about unenlightened compassion here, a propensity you may have that you are not yet aware of, but for which signs already exist. What are those signs?

As mentioned, a principle sign is an undue interest in other people. You could simply call this an awareness of others at the expense of your own self-confidence. If we want to get right down to the nitty-gritty, we might say that you might appear 'needy' when it comes to your social sense, as in self-conscious, self-deprecating, and self-effacing; you know what "needy" means socially, right? That's what I am pointing out.

And I could go on and on playing mental Pick-Up-Sticks here, getting more and more psychological in this discussion. Happily, I am not going to do that. Instead, I want to show you a very simple way to determine if you have an inborn propensity for compassion. Remember we could also define this as a basic insecurity, so don't get too caught up in this. It cuts both ways.

And those of you who do not have this propensity, it does not mean you have no compassion. It just suggest that you are more self-confident (and yes, self-centered) than those who tend to be other-oriented and other-centered.

This has taken me decades of work to figure out and make clear enough that anyone can check these results out. To do this, I had to create a program and put it on the web to do this. The link is here:

<http://astrologyland.com/>

And on that page, you want the large blue rectangle that says "Star*Types." Just click on the red button in that blue box and you will go to a page where you can enter your birth month, day, and year. We don't need the time for this. Enter your data, and hit the "Next" button.

You will then get a page with a brief sample report for you, but on the second page (after the

cover), you want to look at the graphic StarType card for your birth. All we need here is the color of the card's border. Of course, you might want to look at the sample, interpretation too, but for the 'compassion' test, we just need the border color, which will be one of four colors: red, green, blue, or rose.

If you have a card with a green or rose border, you have this innate propensity for compassion, an in-born sensitivity to other people. If you have a red bordered card, you are more self-accepting and confident, and also more self-centered rather than other-centered. And, lastly, if you have a blue bordered card, you have both qualities within yourself, compassion and self-confidence, and it will depend on whom you encounter (their abilities) whether you will play a more or less compassionate role in that relationship.

This should get you started. If you want to read more you can press the blue "click here" button on the original StarTypes blue box on the main page of Astrologyland.com. Follow that link to read about the technique and on that page there are the four border-color types, which will give you more detail.

Check this out and feel free to ask me questions and I will try to respond.

PHOTO: This is Chenresik, the Tibetan Buddhist Bodhisattva that represents loving kindness and compassion. Drawing by Sange Wangchuk, colors by Michael Erlewine.

